



"SCHOOL NEWS"

THE ASSUMPTION

SEPTEMBER 16, 2011 WEEK #2

www.assumptionschool.com



PARENT PARTICIPATION COORDINATOR: olaparents@live.ca
UNIFORM COORDINATOR: Ronie Lo ronie.lo@hotmail.com

Caring, Sharing, Daring through Restitution

Our school is committed to a Restitution Program which allows for dignity of all involved and encourages responsible citizenship. Restitution helps educators restructure schools away from traditional methods of discipline and focuses first on the child. Restitution provides the teacher with a process to re-direct the individual and to help them learn self discipline. Restitution is based upon creating an environment free of fear, anger, and guilt to self-evaluation and fixing problems. It is a belief that all behavior is internally motivated; our behavior in any situation is our best attempt to meet one or more of our five basic needs:

- **Survival** - The need for food, clothing, shelter.
- **Power** - The need to feel important, competent, proud.
- **Love** - The need for belonging to a group, such as a team, a family, a club.
- **Fun** - The need for learning, laughter.
- **Freedom** - The need to feel in charge of oneself, independent, able to make choices

The students are very involved in the development of classroom and school beliefs (the pictures of how we want our school/classroom to be) that are then used as a guide for their behaviour. In September, the students will collectively develop our classroom beliefs for this year. An example of one belief may be that we will have a happy classroom where everyone gets a turn. Listed below is our school belief that all students and teachers agree upon allowing for our school to be a **Caring, Sharing and Daring school**.

For more information you can visit <http://www.realrestitution.com>

Our Lady of the Assumption—Our School Beliefs

*Walking in the footsteps of Jesus,
Our Lady of the Assumption School is
caring, sharing, and daring!*

*Because we **care** about our school:*

We treat others the way we want to be treated.
We respect teachers and other adults.
We resist the temptation to swear or use words to hurt others.
We respect the property of others.

*Because **sharing** is important to us:*

We move safely in the hallways.
We respect the school building and yard.
We respect the school equipment.
We lend a hand willingly.
We give of our time and good to all our brothers and sisters in need.

*Because we **dare** to make a difference:*

We wear our uniform with pride.
We love to learn.
We share our opinions.
We live as Catholics.

MEDICAL HEALTH ALERTS - EPI PENS



It is **VITAL** that the school administration and your children's teachers be informed if your child has specific medical problems that would require a Medical Alert tag being placed next to your child's name in our student records. The office has noted that although some parents have listed specific health problems such as serious allergic reactions to such things as peanuts, nuts, fish, etc. they have not supplied the office with **emergency Epi-Pens**.

If you indicated on your registration forms that **your child (children) has (have) serious allergies** we ask that you contact the office to ensure that you have supplied us with specific instructions, medications and **if need be an Epi-Pen**. If you have any questions, please feel free to contact the school office for clarification.



SCHOOL LUNCH TIMES: CLARIFICATION

Dear Parents,

As most of you are aware, our students' lunch break begins at 12 noon and ends at 12:55 pm. On the days that we have **good weather**, our students will go outside for **recreation from 12 noon until 12:35 pm**. at which time they will return to the classroom to eat their lunch (we find that students eat a more balanced lunch after they have had a bit of playtime). **When it is raining** outside, our students will **eat lunch from 12 noon until 12:35 pm** and then have playtime either in the gym or their classrooms from 12:35 until 12:55 p.m.



The only exception the above rule will be the following:

Lunch Lady Days (approx. twice per month)

Lunch will be eaten from 12 noon to 12:35 pm

Pizza Days (approx. once a month)

Lunch will be eaten from 12 noon to 12:35 p.m.

CORRECTION TO SCHOOL CALENDAR:

DECEMBER 7, 2011 - Christmas Concert

USED UNIFORM AND SWEATER SALE – Sept. 29th

There will be a “**USED UNIFORM AND SWEATER SALE**” on **Thursday, September 29 from 2:00 - 4:30, in the school gym.**

If you have any gently used uniforms that you wish to sell, **please bring these items in a bag, clean, labeled with your name and telephone number and with your desired selling price clearly indicated on the items.** After the sale, the unsold items will be returned to you along with the proceeds from the purchase of any your items.

SALE!!!



Entertainment books for 2011-2012 are available for purchase in the school office from September 12 to September 26. All profits from the sale of the books will go toward the school parking and front playground area. These books are a great value for young families because they not only provide wonderful restaurant opportunities but great coupons for discounts at major department stores, sport stores etc. **The deadline to order and pay for a book is Monday, Sept. 26th.** Thank you for your support.

CROSS COUNTRY – WE'RE UP AND RUNNING!



Cross country practices began this week for team members in Grades Two through to Seven. We are training for our Catholic Schools' Meet on Tuesday, October 4th at Swangard Stadium. We will be transporting all of our team members to the meet on school buses but parents are welcome to meet us there, cheer us on and take their children home if they wish. More information will be sent home next week. A special thank you to the parents who have been running with us and supervising the trails to help keep us safe.

Music Notes



Assumption School Choirs

Intermediate Choir - The Intermediate Choir is open to any students in grades 4 – 7 who love to sing. We will begin our school practices on September 23rd, and our early morning practices on October 5th and 7th. The early morning practices will take place in the Music Room at 8:15 on Wednesdays for Grades 5 and 7, and at 8:15 on Fridays for Grades 4 and 6. (However, should a different day better meet your family's needs, we can be flexible. Just ask.) Please indicate your child's interest in participating in choir by **filling out the form at the end of this newsletter** and returning it to your child's teacher by **Wednesday, September 21st.** We look forward to a great year with our choir!

Primary Choir - The Primary Choir will begin practicing this week, on September 16th. The Primary Choir meets during school time on Friday mornings and is open to all students in grades 1 - 3 who love to sing. **Please indicate your child's interest in participating in choir by filling out the form at the end of this newsletter** and returning it to your child's teacher by **Wednesday, September 21st.**

A Word to Parents About Joining Choir

At Assumption School we are very proud of our choirs. We have many committed and talented singers who work hard to learn new songs and improve their singing technique. Their performances are always wonderful! Choir is an optional activity at Assumption School - all that is required is a **love of singing** and a **willingness to attend practices** and to **participate actively and cooperatively** during those practices. Please discuss these requirements when helping your child to make the decision of whether or not to join the choir. And please be sure to discuss and consider your child's interest when helping them decide. We are looking forward to a great year of singing with choirs made up of **eager and willing singers!**



BAND NEWS!!

OLA School Band 2011-2012



We are at that time of year again to start our band program and I am very excited this year to have a record number (22) of grade 6 students starting in our school band. I am looking forward to continuing with our grade 7 students. Last year the students made remarkable progress and I'm eager to begin where we left off. So dust off your instruments and get ready for new music and opportunities to share your talents.

Rental Evening – Monday, September 26, 7:00 p.m. - Music Room

Staff from Long & McQuade will be visiting OLA School to provide band instruments for rent or purchase. **If you have already rented or purchased an instrument please inform Mrs. Geary as soon as possible.** The students and I will be making the final decisions for instrument choice by Friday, September 16 and I will be sending this information to Long & McQuade, who will provide our students with the correct instruments.

Along with the instrument rental or purchase I am recommending that students purchase a metal folding music stand (under \$10.00) for home practice and a tuner (available for about \$20. basic model). The tuner will help students, especially those playing brass instruments to adjust their tone more easily and ensure practicing is successful.

Grade 6 Band - First Lesson – Thursday, October 6, 2011

Clinicians from Long & McQuade will be visiting our first band practice to assist each student in their first lesson. This is an invaluable experience and is mandatory for all band students. The clinicians will be going over first notes and playing techniques.

The following week I will be holding sectionals for each instrument group. The schedule for this will be available at the rental evening. This will continue for two weeks and in our third week we will play all together for the first time. Please

read your school newsletters weekly to find updates and information for your band student.

These are exciting times for your students, as they begin their musical journey. I am looking forward to sharing this with them and ask for your support, patience and most of all your encouragement during their first weeks.

Regular Band Practices – Begin October 6

Thursday - Grade 7 – 8:00 – 8:50 a.m.

Thursday - Grade 6 – 3:10 – 4:00 p.m.

Week of October 10

Tuesday – Grade 7 - 3:00 – 4:00 p.m.

Grade 6 practices TBA please look at your emails for updates to sectional practices.

Mrs. Tracy Geary

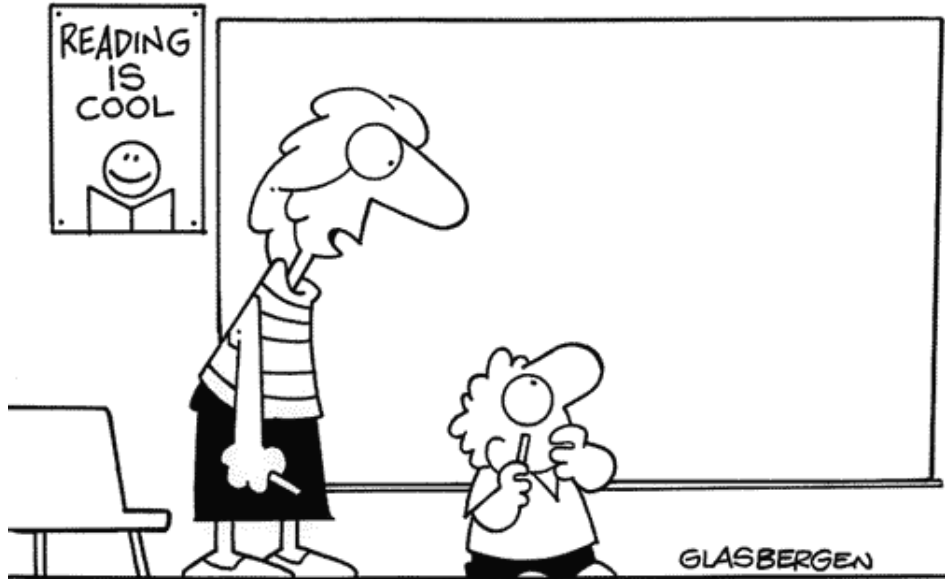


- SEPTEMBER 20 - LUNCH LADY – HOT LUNCH
- SEPTEMBER 26 - GR. 6 “HEP B” INJECTIONS
- SEPTEMBER 27 - MEET THE TEACHERS – 7:30 PM
- SEPTEMBER 28 - TERRY FOX OLA STUDENT WALK
- OCTOBER 4 - CISVA CROSS COUNTRY MEET
- OCTOBER 7 - SCHOOL MASS – 9AM
- OCTOBER 7 - OLA WALK-A-THON
- OCTOBER 10 - THANKSGIVING HOLIDAY
- OCTOBER 13 - SCHOOL MASS 9AM
- OCTOBER 14 - PRO-D DAY – NO SCHOOL
- OCTOBER 20 - “GREAT CANADIAN SHAKE-OUT”
- OCTOBER 27 - OLA PIZZA DAY
- NOVEMBER 9 - SCHOOL MASS – 9 am
- NOVEMBER 10 - REMEMBRANCE DAY ASSEMBLY
- NOVEMBER 11 - REMEMBRANCE DAY – HOLIDAY
- NOVEMBER 14 - PRO-D DAY – NO SCHOOL
- NOVEMBER 28 - 1ST TERM REPORT CARDS
- NOVEMBER 29 - STUDENT LED CONFERENCE – NO SCHOOL
- DECEMBER 7 - CHRISTMAS CONCERT
- DECEMBER 9 - SCHOOL MASS 9AM
- DECEMBER 15 - OLA PIZZA DAY
- DECEMBER 16 - SCHOOL DISMISSAL AT 12 NOON



KAZUN'S KORNER

Copyright 1996 Randy Glasbergen. www.glasbergen.com



“There aren’t any icons to click. It’s a chalk board.”

Volleyball Practice Schedule

	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
7:45 to 8:30 am	Mass Gr.2/4	Gr.6 Band	Mass Gr.3/6 Choir Gr.5/7	Mass Gr.5 Gr.7 Band	Mass Gr.7 Choir Gr.4/6
12:00 to 12:35 pm		Gr.5 girls	Gr.5 Girls	Gr.6 girls	Gr.6 girls
3:15 to 4:15 pm	Gr. 6 girls	Gr.7 Band Cross Country	Staff meeting	Gr.6 Band Cross Country	Bingo

Coaches

Gr. 5 girls: Mrs. Valente

Gr. 6 girls: Ms. Heffernan/ Ms. Baker

Note: Band & Choir start October



Music Notes



Primary Choir (Grades 1 – 3)

My child _____ in Grade _____ is joining the school choir.

Parent Signature _____

Please return this form to your child's teacher by Wednesday, Sept. 21st.



Intermediate Choir (Grades 4 – 7)

My child _____ in Grade _____ is joining the school choir.

Parent Signature _____

Please return this form to your child's teacher by Wednesday, Sept. 21st